We claim:

- 1. A solid choline ascorbate formulation with reduced sensitivity to external stress factors, characterized in that a solution of this formulation has under standard conditions a Gardner color number (determined as specified in DIN-ISO 4630 or ASTM D 1544-80) of < 4.5, and/or a Hazen color number (determined as specified in DIN-ISO 6271 or ASTM D 1045-68, ASTM D 263-49 or ASTM D 1209-69) of < 800; and does not deliquesce on storage under standard conditions in moist ambient air.</p>
- 10 2. A formulation as claimed in claim 1, wherein
 - a) choline ascorbate is surface-coated with an inert coating composition;
 - b) choline ascorbate is embedded in an inert matrix; or
 - c) a porous carrier is loaded with choline ascorbate, and the loaded carrier is surface-coated where appropriate with an inert coating composition.

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- 3. A formulation as claimed in any of the preceding claims, which additionally comprises an effective amount of at least one addition which further reduces the tendency to discoloration of choline ascorbate.
- 4. A formulation as claimed in claim 3, wherein the addition which further reduces the tendency to discoloration of choline ascorbate is mixed with the choline ascorbate and/or is present in the surface coating, in the inert matrix or in the porous carrier.
- 5. A formulation as claimed in claim 3 or 4, wherein the stabilizer is present in a proportion of about 0.05 to 30 mol% based on the molar content of choline ascorbate.
 - 6. A formulation as claimed in any of claims 3 to 4, wherein the stabilizer is selected from sulfur-containing, phosphorus-containing or boron-containing compounds; carboxylic acids and carboxylic acid derivatives; vitamins and vitamin precursors and derivatives; natural product mixtures; hydroxy- or alkoxyaromatic compounds; reductones or mixtures thereof.
 - 7. A formulation as claimed in claim 6, wherein
 - the sulfur-containing stabilizer is selected from cysteine, cystine,
 N-acetylcysteine, thioglycolate, glutathione, dihydrolipoic acid, lipoic acid,
 sodium dithionite, methionine and thiourea;

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the phosphorus-containing stabilizer is selected from phosphorous and b. hypophosphorous acid; the boron-containing stabilizer is phenylboronic acid; C. d. the carboxylic acids and carboxylic acid derivatives are selected from uric, lactic, malic, citric and excess ascorbic acid; and ascorbyl palmitate; the vitamins, vitamin precursors and derivatives are selected from alpha-, e. beta- and gamma-tocopherol, tocotrienol and more water-soluble vitamin E derivatives; carotenoids; isoflavones; flavonoids and other naturally occurring polyphenols; f. the natural product mixture is a rosemary extract; the reductone is hydroxyacetone; and g. the hydroxy- or alkoxy-aromatic compounds are selected from 6-ethoxy-1,2h. dihydro-2,2,4-trimethylquinoline (ethoxyquin), t-butylhydroxytoluene and t-butylhydroxyanisole; or the stabilizer is a functional derivative, having a stabilizing action, of one of the above compounds. 8. A formulation as claimed in any of the preceding claims, wherein the choline ascorbate content is in a range from about 5 to 95% by weight based on the total weight of the formulation. 9. A formulation as claimed in any of the preceding claims, which is coated with a coating composition comprising at least one compound selected from: a) polyalkylene glycols; polyalkylene oxide polymers or copolymers; b) substituted polystyrenes, maleic acid derivatives and styrene/maleic acid C) copolymers; d) vinyl polymers either alone or in combination with other compounds, such as cellulose ethers or starches; e) vinylpyrrolidone/vinyl acetate copolymers; f) polyvinyl alcohols, and polyphthalic acid vinyl esters; hydroxypropylmethylcelluloses; g) alkyl (meth)acrylate polymers and copolymers; h)

i)

j)

k)

polyalkylenes;

aromatic polymers;

polyvinyl acetates, where appropriate stabilized with polyvinylpyrrolidone;

polyacrylic acids; I) polyacrylamides; m) polycyanoacrylates; n) phenoxyacetic acid/formaldehyde resins; 0) cellulose derivatives; 5 p) animal, vegetable or synthetic fats and modified fats; q) animal and vegetable waxes or chemically modified animal and vegetable r) waxes; animal and vegetable proteins; s) mono- and disaccharides, oligosaccharides, polysaccharides; 10 t) vegetable oils, synthetic or semisynthetic oils and animal oils; u) hardened (hydrogenated or partially hydrogenated) oils/fats; v) lacquer coatings; w) fatty acids; x) silicas; 15 y) or mixtures thereof. A formulation as claimed in any of claims 1 to 8, wherein the choline ascorbate is 10. embedded in a matrix which comprises at least one compound as defined in claim 9 20 which is suitable for forming a matrix which is solid at a temperature in the range from about 20 to 100°C. A formulation as claimed in any of claims 1 to 8, which comprises a porous carrier 25 selected from silicates. A process for preparing a choline ascorbate-containing formulation as claimed in any 12. of the preceding claims, which comprises solid choline ascorbate particles being coated by being sprayed in a fluidized bed with a melt, a solution or a dispersion of a coating 30 a. composition as defined in claim 9, or subjected to a powder coating with the coating composition in a fluidized bed; or

heating, while mixing is continued;

coated in a mixer with a melt, a solution or a dispersion of the coating

composition, or subjected to a powder coating with the coating composition; or mixed with fat, and the fat being melted by mechanical energy input and/or

b.

C.

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and the coated material obtained in each case where appropriate being dried, cooled and/or freed of coarse fractions.

- 13. A process for preparing a choline ascorbate-containing formulation as claimed in any of claims 1 to 8, which comprises solid choline ascorbate particles being suspended in a melt comprising a (fusible) coating composition as defined in claim 9, and the suspension obtained in this way being dispersed and subsequently solidified.
- 14. A process for preparing a choline ascorbate-containing formulation as claimed in any of claims 1 to 8, which comprises solid choline ascorbate particles being dispersed in a lipophilic environment, the solid/oil droplets obtained in this way being emulsified in an aqueous phase, and the emulsion being spray-formulated.
- 15. A process for preparing a choline ascorbate-containing formulation as claimed in any of claims 1 to 8, which comprises choline ascorbate particles being coated by coacervation.
 - 16. A process for preparing a choline ascorbate-containing formulation as claimed in any of claims 1 to 8, which comprises an aqueous protective colloid solution being prepared, choline ascorbate being dissolved or dispersed therein, and the resulting mixture subsequently being spray-formulated or spray-dried and subsequently coated where appropriate.
- 17. A process for preparing a choline ascorbate-containing formulation as claimed in any of claims 1 to 8, which comprises an aqueous choline ascorbate-containing solution being spray-dried in a fluidized bed and being granulated or agglomerated by addition of suitable additives.
- 18. A process for preparing a choline ascorbate-containing formulation as claimed in any of claims 1 to 8, which comprises a solution, emulsion or suspension comprising choline ascorbate being mixed with a porous carrier and dried where appropriate; or a melt comprising choline ascorbate being applied to the porous carrier.
- 19. A process for preparing a choline ascorbate-containing formulation as claimed in any of claims 1 to 8, which comprises wet granules comprising a choline ascorbate-containing solution or dispersion or a choline ascorbate-containing melt and a carrier,

or comprising solid, crystalline or amorphous choline ascorbate, being prepared, the wet granules being extruded, where appropriate after-treated, dried and subsequently coated where appropriate.

- 5 20. A process for preparing a choline ascorbate-containing formulation as claimed in any of claims 1 to 8, which comprises an aqueous solution of choline ascorbate being prepared, the latter being emulsified in a hydrophobic melt, and the emulsion being solidified.
- 10 21. A process for preparing a choline ascorbate-containing formulation as claimed in any of claims 1 to 8, which comprises a melt comprising choline ascorbate being atomized where appropriate in the presence of a dusting agent in a stream of cold gas.
- A human or animal food which, besides conventional ingredients of human or animal foods, comprises a choline ascorbate-containing formulation as defined in any of claims 1 to 11 in a proportion of about 0.001 to 50% by weight.
 - 23. A human or animal food supplement which, besides conventional ingredients of human or animal food supplements, comprises a choline ascorbate-containing formulation as defined in any of claims 1 to 11 in a proportion of about 0.01 to 99.9% by weight.
 - 24. A pharmaceutical in solid, liquid or pasty form, which comprises in a pharmaceutically suitable carrier an effective amount of a choline ascorbate-containing formulation as claimed in any of claims 1 to 11.
 - 25. The use of a choline ascorbate-containing formulation as claimed in any of claims 1 to 11 for preparing human and animal foods, and human and animal food supplements, or pharmaceuticals.

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